

Managing seizures (fits) in palliative care

You have been given this leaflet because you have had, or are at risk of a seizure (fit).

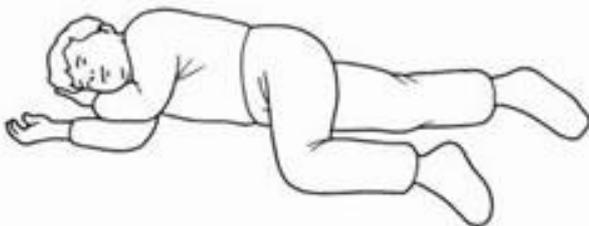
This leaflet provides information on first aid steps in the event of a seizure and the use of medication(s) which may be prescribed to take at home, for example midazolam liquid (Buccolam), following or during a seizure. Although originally designed for children, Buccolam is also used in adults as an alternative to injections and rectal preparations.

More detailed information about any prescribed medication is provided in the patient information leaflet which accompanies the packaging.

Medication should be used only as directed by the prescriber (doctor or specialist nurse) for the person to whom it is prescribed.

If a seizure occurs

1. Stay calm
2. Make the patient area safe
3. Note the time
4. Cushion the head of the patient
5. Don't hold the patient down or put anything in their mouth
6. Once the fit has stopped, put them in the recovery position
7. Stay with the patient until they have fully recovered



Remember: you can call SinglePoint at any time for support if needed.

Many seizures will stop on their own within 5 minutes. If they continue longer than this, or if a patient has another seizure without recovering in between then prescribed medication, such as Buccolam, should be given.

Information about liquid midazolam (Buccolam)

What is Buccolam?

Buccolam (buccal midazolam) is a liquid medication given into the cheek, which is used to stop seizures.

When do I give Buccolam?

It can be given when a person has a seizure lasting more than 5 minutes or when they have more than 1 consecutive seizure with no recovery in between (see flowchart).

What is the correct dose?

The usual prescribed dose for adults is 10mg.

A 10mg dose is indicated by a RED cap on the syringe.

This must be removed before giving the drug to avoid a risk of choking.

The dose will be written on the side of the syringe.

How do I give Buccolam?

1. Place the tip of the syringe inside of the mouth between the cheek and gum. Do not place the syringe or anything else between the teeth.
2. Give half of the dose over 5 seconds on one side, and the remaining half of the dose over 5 seconds on the opposite side.

